Experience the richness of intimacy and belonging in Community through Small Group Life

SACRED CIRCLES
the heartbeat of community

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bodhi
SPIRITUAL CENTER

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Experience the richness of intimacy and belonging in Community through Small Group Life

A monthly small group of like-minded individuals coming together to share a meal, deepen in practice, have fun and building community.

Pick a group based on affinity or schedule and then we'll provide you with the themes and curriculum. Sign up at the Bodhi Bar or online.

FREQUENTLY ASKED QUESTIONS (FAQ)

Q. Why would I want to be in a Sacred Circle?
A. Sunday Celebration Services provide a high energy, large group experience. Classes and workshops provide a deeper experience. Sacred Circles foster greater intimacy and connection within Community.

Q. Are non-Bodhi attendees welcome to join a Sacred Circle?
A. YES! Sundays aren't everyone's cup of tea. Weekly commitments aren't always possible. A monthly small group is deeply nourishing and a perfect match for many.

Q. How big is each Circle?
A. Ideally the Circle is no more than 12 people. Intimacy and belonging is compromised with too many people.

Q. Do I have to make an ongoing commitment?
A. Intimacy and belonging are experienced through regular and shared experiences. The idea of Sacred Circles is that the participants agree to attend 10 out of 12 annual gatherings.

Q. Do the Circles have leaders?
A. Sacred Circles do not have leaders. There are roles that rotate at every gathering. The role descriptions will be provided when the Circle forms. The group conscience can determine who takes on what role at what gathering. There will be a determined Center Liaison per Circle for communication and support with Bodhi.

Q. Where does the agenda, theme and curriculum come from?
A. Bodhi will send a monthly email to the Center Liaison. The Circle can elect to use those resources or not.

FAQ CONTINUED

Q. I am not comfortable hosting in my home. Is that ok?
A. Absolutely. There are always a few people in every Circle that are willing to regularly host. You may collaborate with those people or consider arranging space usage at Bodhi.

Q. Can our Circle meet in a restaurant or public location?
A. Meeting in a public location is not recommended. The spirit of Sacred Circles is to provide intimacy and belonging. It can be more difficult to access that in a public environment.

Q. Can I join a Sacred Circle months after the group has formed?
A. You can join a Sacred Circle at anytime. We just ask that you commit to 10 out of 12 annual gatherings to support cohesion and intimacy within the Circle.

Q. If the Sacred Circles always accepts newcomers how do we prevent our Circle from getting too big?
A. There is always some movement in the Circle due to participants life changes etc. And new Circles will always be forming.

Q. Why are the affinity Circles only Men, Women, LGBTQA and Young Adults?
A. We wanted to start somewhere and found those groups to be in highest demand.

Q. What do you mean by Young Adults?
A. Young Adults are anyone in their 20's & 30's.

Q. What do you mean by Kaleidoscope?
A. If you are interested in being in a Sacred Circle that is a reflection of the whole Bodhi community then Kaleidoscope is for you. Kaleidoscope is not 'affinity' oriented.

Q. What if I don't like the group I end up in?
A. The purpose of Sacred Circles is to find a group of people that will support and care for one another. If it's not a match we encourage you to be authentic about that. That being said, it is always our work to check in to see if we are running from resistance and agitation. There likely will be one or some people that you may not have elected to spend time with...that might just be a perfect opportunity for your next big leap. Only you will know, trust yourself.

Q. What do you believe the greatest benefit of participating in a Sacred Circle is?
A. In times of crisis your Circle may surprise you as being your greatest source of support. Sacred Circles can become like a small family. Your own little network.