The Paradox of Power: Surrender

Opening:
I surrender to the Divine and Holy nature of my being. I ALLOW the presence of God to reveal Itself through me. I am a person of power for I am made in the image and likeness of the Most High. I release gripping and struggling, forcing and pushing and YIELD to the infinite capacity of Spirit to lead the way in all of my affairs. The beloved presence of my being is available to love, nurture, care and support me always. With THIS Power I am lifted. With THIS Power I am ignited. With THIS Power I am propelled into a life of joy, ease and flow. I surrender, I surrender, I surrender. I yield to the holy spirit of Life. Thy will be done. And so it is.

There is a Divine Will for our lives. There is a cosmic orchestration working together for our Good.

When we forget our lives become defined by 6 Second Moments:

Jane called with the intention of encouraging me to give the baby up for adoption. “Honey, what are you going to do - call Gerry and Kathy or Mark and me for money after you have the baby?”

How could she think that THAT’s what this was going to lead to? In that moment, I decided I would never ask anyone for help, ever. It was my then state of consciousness – Life was occurring TO ME – The 4 Stages of Spiritual Consciousness

Yield to the infinite capacity of Spirit
Objectives:
1. Power v. Force
2. Duality v. Unity
3. My Will (By Me) v. Divine Will (Through Me)

Points/Keyword Stories/Takeaways:
• SLIDE: Force always creates counterforce; its effect is to polarize rather than to unify. Force requires constant defense.  
  – Power vs. Force - David Hawkins, M.D., Ph.D.
  o What are you defending?
    ▪ What are you right about?
    ▪ Where are you experiencing suffering in?

• Raised Catholic – not many scriptures in the vault but coming from a 12 Step Family I have ready access to Program adages
  o Step 1. SLIDE: We admitted we were powerless – that our lives had become unmanageable.
    ▪ How can we say we are infinite in capacity/powerful beyond measure and then admit we are powerless?
    ▪ SLIDE: Paradox – something that is made up of two opposite things and that seems impossible but is actually true
    ▪ Arriving at Bodhi – life was too hard, I knew there must be an easier way to do this thing called life. It was then that I developed a relationship with the God of my understanding.

Yield to the infinite capacity of Spirit

  o Step 2. SLIDE: Came to believe that a Power greater than ourselves could restore us to sanity.
    ▪ Sounds like hocus pocus
I become insane when I believe that I am master of the universe.

Yield to the infinite capacity of Spirit

- Step 3. SLIDE: Made a decision to turn our will and our lives over to the care of God as we understood God.

Yield to the infinite capacity of Spirit

- To Me/By Me/Through Me/As Me (slide needed of emailed PDF)

Yield to the infinite capacity of Spirit

- SLIDE: Thy Will Be Done on Earth as it is in Heaven. – Matthew 6.10 NRSV
  - Your father knows what you need before you ask him. – Matthew 6.8

Yield to the infinite capacity of Spirit

- SLIDE: The soul must make a complete surrender of itself to the Spirit. The will of the Spirit is peace, clear thinking and happiness, It could have no other will. – Science of Mind 405

Summary:
Allow yourself to be used this week. Allow yourself to reveal your Power newly. Explore The 4 Stages of Spiritual Consciousness – where are you camping out this week? AND

SLIDE: Yield to the infinite capacity of Spirit